



THE TURKS HEAD

**The Turks Head, Low Road,
Hasketon. IP13 6JG**

01394 610343

info@theturksheadhasketon.co.uk

www.theturksheadhasketon.co.uk

Opening times: -

Monday – Thursday 11:00 until 23:00

Food 12:00 – 15:00 and 18:00 – 21:00

Friday 11:00 until 00:00

Food 12:00 – 15:00 and 18:00 – 21:00

Saturday 10:00 until 00:00

Food 10:00 - 15:00 and 18:00 - 21:00

Sunday 11:00 until 20:00

Food 12:00 – 17:00

Cycle Route 1 – Villages and quiet lanes filled with history.

This circular cycle ride of 16.8km/10.5 miles will take you across open country lanes, a short section of farm track, through villages and passing buildings that have stood for more than some 1000 years. As you pass through this countryside keep your eyes open for the wildlife that can be seen around each corner.

Description

You will leave The Turks Head and immediately get into open countryside with vast open views, which will help locate things such as Churches which have been there for more than 700 years. As you travel around the route watch out for the local wildlife which could include: - Buzzards, Kestrels, Hobbys, Merlins, Yellow Hammer, Gold Finches, Woodpeckers. Fallow and Roe Deer as well as Muntjac, otters in the rivers, badgers, hare, rabbit and fox.

Along the initial stages of this ride you will be able to see the distinctive tower and cap of the old mill at Burgh. This landmark is seven stories high and built by a Millwright from Wickham Market in 1824. It stands at 57 feet / 17.37 metres tall, which made it an ideal location for the Observer Corps during WW2. Close to the mill you will see St Botolph's Church at Burgh, although this only date back to the 13th Century it is known that worship has taken place at this location since the 7th Century.

Debach airfield was developed between 1942-44 by USAF to become the home of 493 Bomb Group, their first mission was on D-Day in 1944. For the latter years of the war B24 Liberators and B17 Flying Fortresses flew out of this now peaceful part of Suffolk. After USAF left the base was then used as a POW Camp, there is a museum that opens on the last Sunday of the month from April to September, check their website for details.

After passing this recent history you now move back into medieval times within the modern-day village of Clopton. The village is mentioned in The Domesday Book with its original meaning probably being Farmstead near a hill. St Mary's Church at Clopton is only 2 fields away from its neighbour at Burgh, the building dates to the 13th Century.

Clopton is a small village now but used to have its own market and fair in days of yore.

After crossing the B1079 Otley to Woodbridge road you will be close to the River Lark, it now appears as little more than a wet ditch. However, during Roman times this river was navigable from here all the way through to the Deben Estuary, there is even a field referred to as Clopton Dock.

Grundisburgh, the largest village in the area, is another location that reflects the significance that this part of the world had on history. On the east side of the St Mary's Church is a Tudor that was owned by close relations of the Master Cook to Edward IV and Henry VII. Although not easily seen from roads Grundisburgh Hall, the home of Lord Cranworth was built in the 17th Century, with extensive alterations during the 20th Century.

The next village you pass through is Great Bealings, yet another place that is steeped in history, but appears so quiet and unremarkable today. Although the name is Saxon, Roman artefacts have been found within the village. St Mary's Church at the side of the road overlooking the river and associated marshes pre-dates the Norman Conquest. The Domesday Book records a Saxon place of worship in the adjacent meadows. The church holds the remains and a memorial to Thomas Seckford, a senior advisor to Elizabeth I.

Waypoint 1

Start the history tour by leaving our 17th Century building and turning right along Low Road, mind the pot holes and uneven surfaces. On reaching the staggered cross-road at Mill Lane turn right, continue along this road until reaching Moat Barn Nursery where you turn left. Go along this road and enjoy the wide open views across the Lark and Fynn Valleys to Ipswich, it is possible to see the Maternity Block at Ipswich Hospital and the BT Tower at Martlesham.

Waypoint 2

At the first road junction turn sharp right, passing between Hillside and Redhouse Farms. At the next junction you need to turn left, but necessary to consider the area on your right is the old Debach USAF Airfield. Just after Hill Farm take the track immediately at the side of the buildings. After a short distance you get to the tarmac road at a junction, turn right and immediately left onto Birds Hill (almost continuing in the same direction you had been travelling). On reaching the main B1079 road take the small lane almost opposite, follow this road until the crossroad. Turn left towards Grundisburgh and Woodbridge

Waypoint 3

After a short distance the road turns right, take the off-road track that is to the left of the hedge on the apex of the bend. Follow this track as it turns right and eventually becomes a farm lane at Hill Farm, the far side of which you again join the road. Continue into the centre of Grundisburgh. After exploring the centre of the village, the Church and other old buildings, continue straight over the crossroad along the small road signed Meeting Lane and Baptist Chapel.

Waypoint 4

Shortly after passing the Baptist Chapel you will find a crossroad, go straight over and into open countryside again. Although not visible from the road this will take you passed Grundisburgh Hall on your right. The road eventually come out on Boot Street at Great Bealings where you need to turn left. Go over the River Lark and pass St Mary's Church, then take the next left turning at the side of the War Memorial.

Waypoint 5

At the crossroad with the B1079 road go straight over and up the incline that is Mill Lane, turn right into Riverside follow this until reaching a left-hand turn at a small bridge. Go up Church Lane and turn left at the top, The Turks Head will be seen a short distance in front where the team will be pleased to serve you well earned refreshments.



Route also available free to follow on Smartphone and tablet at www.ViewRanger.com

Created by www.skyestrolls.co.uk

Contact – paul@skyestrolls.co.uk

